



Torrance Memorial Offers **Free Breast Health Information**

Did you know that one in eight women will have breast cancer in their lifetime? Learn about breast cancer screening and how to perform a breast self examination.

2014 Dates

January 22

March 19

May 21

July 23

September 17

November 19

Time

5 to 6 p.m.

**Reservations Required, please call 310-784-6335,
OPTION 3**

Monique Tiffany, R.N.,CBCN, CBPN-IC or
Gina Rembert, R.N.,CBCN, CBPN-IC
Certified Breast Self-Exam Trainer
monique.tiffany@tmmc.com and/or
gina.rembert@tmmc.com



TORRANCE MEMORIAL

VASEK & ANNA MARIA POLAK
BREAST DIAGNOSTIC CENTER

3275 Sykpark Dr., Torrance, CA 90505